

A One Day Seminar

Understanding Fetal Alcohol Spectrum Disorder and its Implications for Your Mental Health Practice

With

Edward P. Riley, Ph.D.
Diane Casto
Tamara L. Russell, Psy.D.
Herbert G.W. Bischoff, Ph.D.
Michael R. Baldwin

Designed to psychologists, masters-level mental health professionals, social workers and school psychologists with knowledge, diagnostic and intervention skills to use with their FASD clients of any age.

Saturday, November 23, 2002
8:00am to 5:00pm

ALASKA PACIFIC UNIVERSITY
Atwood Center Art Room
Anchorage, Alaska

Co-Sponsored by:

Alaska Psychological Association (AK-PA)
DHSS Office of Fetal Alcohol Syndrome
Southcentral Foundation FAS Diagnostic Clinic
Alaska Pacific University

Objectives of Seminar

Participants will be able to:

- ❖ Describe changes that occur in the brain of individuals with prenatal alcohol exposure
- ❖ Understand how the changes in the brain impact behavior across the life span
- ❖ Recognize patterns of behavior that might present during therapy that would raise the FASD question
- ❖ Identify the components of an FASD evaluation
- ❖ Suggest possible assessment instruments
- ❖ Modify or adapt the assessment process to meet the constraints of one's setting
- ❖ Understand the role of psychology in a multi-disciplinary assessment team using the University of Seattle diagnostic model
- ❖ Explain how a psychological assessment is critical in the development of appropriate intervention strategies
- ❖ Identify academic, home-based or community-based intervention strategies
- ❖ Work effectively with FASD individuals in individual or family therapy
- ❖ Describe the resources and programs developed by the State Office of FAS to address this public health problem

Schedule and Agenda

Saturday, November 23, 2002

- 8:00 Registration
- 8:30 Moving Alaska forward in FASD Prevention, Advocacy and Service: The State's Agenda (Casto)
- 9:15 Mother Boozes, Baby Loses: The effects of alcohol exposure on brain and behavior (Riley)
- 10:30 Break
- 10:45 Continuation of Dr. Riley's presentation
- 12:15 Lunch – on your own
- 1:15 Fun and Frustration: Psychological testing and the FASD diagnosis (Russell)
- 2:15 Functional implications of the FASD assessment (Bischoff)
- 3:15 Break
- 3:30 Do you get it? Mental Health and the FASD Population (Baldwin)
- 4:45 Evaluation and Adjournment

About the Speakers

Edward P. Riley, Ph.D., is a professor in the Department of Psychology and Director of the Center for Behavioral Teratology at San Diego State University. He is Chair of the National Task Force on FAS/FAE and Co-Chair of the SAMHSA FAS Center for Excellence Steering Committee. He is the author of more than 170 scientific articles, primarily on the behavioral effects of alcohol and the editor of *The Handbook of Behavioral Teratology*. He is also the Past-President of the Research Society on Alcoholism, the Fetal Alcohol Study Group of the RSA, and the Behavioral Teratology Society.

L. Diane (Worley) Casto has been a lifelong advocate for children, parents and families, and has worked in the area of child abuse and neglect prevention since 1978. Her professional experience includes work with Region X Child Abuse and Neglect Resource Center in Seattle, WA, the Resource Center for Parents and Children in Fairbanks, and three years as the Director of the State of Alaska DFYS in Juneau. Since 1998, she has been the Program Manager for the DHSS Office of Fetal Alcohol Syndrome in Juneau. She is on the National Steering Committee for Substance Abuse Prevention (CSAP) FAS Center for Excellence.

Tamara L. Russell, Psy.D., is a Pediatric Psychologist at Southcentral Foundation (SCF) and works with the organization's FAS Diagnostic Team. Prior to completing her doctorate in clinical psychology, she worked as a school psychologist in California, Oregon and Utah.

Herbert G. W. Bischoff, Ph.D., is a Psychologist in private practice at Psychology Resources in Anchorage. He has been active in the field of prevention, diagnosis and intervention with FAS since the early 1980s. He also work with the State Office of FAS on the FAS Surveillance Project.

Michael Baldwin, is the FAS Clinic Coordinator for SCF. For the past 14 years he has worked as a clinician in a variety of mental health, health care, academic and legal settings. He has actively advocated for children, adolescents and adults who are experiencing the consequences of alcohol, tobacco and other drug use.

Continuing Education

The Alaska Psychological Association (AK-PA) is approved by the American Psychological Association (APA) to offer continuing education programs for psychologists (#0617). AK-PA maintains responsibility for the program. Six (6) continuing education credits will be awarded to participants who attend the entire one day workshop as offered. Partial credit cannot be given.

REGISTRATION FORM	Fees															
FASD Workshop Saturday, November 23, 2002	FASD Workshop Saturday, November 23, 2002															
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