

**A Two Day Seminar**  
**\*(9 Continuing Education Credits)**

**Day 1 – Full Day**  
Friday, October 8, 2004  
9:00am to 5:00pm  
(Registration is at 8:30am)

***Legal and Ethical Risks and Risk Management  
in Professional Psychological Practice  
Sequence II: Risk Management in Specific High Risk Areas***

Presented by  
**Jeffrey N. Younggren, Ph.D., ABPP**



**Day 2 – Morning Session**  
Saturday, October 9, 2004  
9:00am to 12:00pm  
(Registration is at 8:30am)

***Ethics in Clinical Supervision***  
Presented by  
**Linda Webber, Ph.D., LMFT**

**Day 2 – Afternoon Session**  
Saturday, October 9, 2004  
2:00pm to 4:30pm  
***Website Basics for Mental Health  
Independent Practitioners***  
Presented by  
**Peter Strisik, Ph.D.**

**Alaska Pacific University campus  
Carr Gottstein Building  
Room 102**

Sponsored by:  
Alaska Psychological Association (AK-PA)  
American Psychological Association Insurance Trust (APAIT)  
Alaska Pacific University

AK-PA is approved by the American Psychological Association to offer continuing education programs for psychologists. AK-PA maintains responsibility for the program. **A 15% discount can be obtained on APAIT insurance for attending the workshops.**

**\*Nine (9) continuing education credits will be awarded to participants who attend the entire day and a half Ethics workshops. Partial credit, 6 CE credits, will be given for the Friday workshop, or 3 CE credits for the Saturday morning workshop..**

## *Day 1—Full day*

### **Workshop Summary-Legal and Ethical Risks and Risk Management**

For the last ten years, there has been a major increase in the number of lawsuits, licensing board complaints, and ethics committee complaints against clinical psychologists. As managed care continues to dominate third party reimbursement in both the private and public sectors, any adverse disciplinary event can make it difficult, if not impossible to meet credentialing requirements. The changes in the economic system have led to changes in therapeutic approaches and business organizations that, in turn, have increased the complexity of the legal and regulatory environment. In these difficult times, a risk management strategy is an essential element of professional practice.

After providing basic introduction to identifying legal and ethical risks involved in working with high risk patients and situations, this workshop will focus on three specialized areas of practice: working with couples and families, involvement with lawyers and the legal system, and working with potentially suicidal clients.

The primary workshop goal is to allow practitioners to identify potential legal and ethical problems in these areas so that risks of lawsuits and disciplinary complaints can be minimized. Dr. Younggren will suggest strategies which will make it more likely that a psychologist will prevail if she/he is unfortunate enough to be the target of these sometimes unavoidable events. The program will describe how and when practitioners can utilize the APAIT Advocate 800 Risk Management Consultation Service as part of their own risk management strategies.

The workshop is primarily directed to psychologists in private practice but is applicable to all sites where health services are provided.

### **Workshop Objectives- Legal and Ethical Risks and Risk Management**

- Learn basic strategies for identifying high risk situations and managing professional risks
- Learn how to manage interactions with lawyers and the legal system, including responding to subpoenas and other information requests, providing testimony at depositions and in court, and using strategies for interacting with attorneys
- Learn about managing potential conflicts in conjoint treatment with couples and families, with particular emphasis on the special risks associated with divorce
- Learn essential risk management strategies for identifying and managing outpatient suicide risk
- Learn ethical and legal standards governing these areas of practice

### **Workshop Outline- Legal and Ethical Risks and Risk Management**

**8:30** Registration

**9:00** Introduction to Risk Management

**10:30** **Break**

**10:45** Risk Management – Ethical Problems

**12:00** **Lunch – on your own**

**1:15** Special Problem Areas of Practice

- Couples and Families
- Attorneys and the Legal System
- Suicidal Clients

**2:30** **Break**

**2:45** Special Problems continued

**4:30** Evaluation and End

## ***Day 2 – Morning Session (8:30am to 12:00pm)***

### **Workshop Summary-Ethics and Clinical Supervision**

Clinical supervision and clinical consultation are essential parts of a mental health practitioner's training and service needs. New mental health graduates are in need of practice supervision to help complete their formal education. Clinical consultation is an on-going need for all mental health practitioners. This workshop focuses on models of clinical supervision, supervisory techniques, boundary issues between supervisors and supervisees, fears and reluctance to supervise, and principles of group and individual supervision. In addition, case consultation and related ethical issues. This workshop is appropriate for all mental health professionals.

### **Workshop Objectives- Ethics and Clinical Supervision**

- Understand different conceptual models for supervision
- Understand the mechanics of supervising individual trainees, including boundary issues and transference
- Understand the mechanics and differences in clinical consultations
- Understand principles and ethical issues related to group vs. individual supervision

### **Workshop Outline- Ethics and Clinical Supervision**

**8:30** Registration

**9:00** Introduction and discussion of supervision models and consultation

**10:30** **Break**

**10:45** Continuation of supervision models and ethical issues workshop

**12:00** Evaluation and end

## ***Day 2 – Afternoon Session (2:00pm to 4:30pm)***

### **Workshop Summary-Website Basics**

Mental health practitioners in private practice are constantly pressured to advertise and promote their businesses on the internet. Many professionals feel uncertain about this form of service advertising and also don't feel they have the ability to develop their own website. This workshop focuses on teaching practitioners how to build a basic practice website. No CE credit will be offered for this workshop.

### **Workshop Objectives- Website Basics**

- Assess whether or not a website could be helpful to your practice
- Understand the basics of website and world wide web concepts and terminology
- Understand the options for website content
- Assess whether to tackle the job personally or hire it out

### **Workshop Outline- Website Basics**

**2:00** Introduction to the theory and advantages of website practice building and advertising

**3:00** **Break**

**3:15** Website building techniques, terminology, construction; do it yourself or hire a professional

**4:30** Evaluation and end

## About the Speakers

**Jeffrey N. Younggren, Ph.D., ABPP** is a Fellow of the American Psychological Association, Distinguished Member of the National Academy of Practice. Dr. Younggren is a criminal and forensic psychologist who practices in Rolling Hills Estates, California. He is also an associate clinical professor at the University of California, Los Angeles, School of Medicine. Dr. Younggren served as a member and chairman of the Ethics Committee of the California Psychological Association and the American Psychological Association. He consults to various licensing boards on ethics and standards of care and he qualifies as an expert in criminal, civil, and administrative proceedings. Recently, Dr. Younggren testified regarding fallibility of memory secondary to trauma and post traumatic stress disorder before the United Nation's Bosnian War Crimes Tribunal in The Hague.

**Linda Webber, Ph.D., LMFT** is a licensed clinical psychologist and Licensed Marriage and Family Therapist in private practice in Anchorage, Alaska. She has been active in teaching and training clinicians for 25 years, at the University of Alaska, California School of Professional Psychology, University of California at Los Angeles, and the Los Angeles Family Institute. She leads interdisciplinary consultation groups in her practice in Anchorage.

**Peter Strisik, Ph.D.** moved to Alaska from Georgia in 2000 and maintains an independent practice in Anchorage. He has been a licensed psychologist for 15 years and a mental health professional for 25 and is somewhat unique in his diversity of experience and abilities. He took to computers in the early eighties while in graduate school and wrote his master's thesis on a Radio Shack Color Computer. While building his practice in Anchorage, he made use of empty time by learning website construction. The results have served him well and can be viewed at [www.strisik.com](http://www.strisik.com). He also maintains the AK-PA website that is at [www.ak-pa.org](http://www.ak-pa.org).

## Cancellation Policy

Cancellation requests, **IN WRITING**, must be postmarked seven (7) days prior to the start of this event in order to receive a refund. All cancellations are subject to a \$25 processing fee. Authorized refunds will be mailed following the completion of the seminar. AK-PA regrets that no refunds can be issued for ANY reason after the deadline

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*Ethics in Clinical Supervision*

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*Website Basics for Mental Health  
Independent Practitioners*

**Fees and Registration Form**

\*\*\*Please print out this form, fill it in and mail in with your payment to:\*\*\*

**AK-PA  
P.O. Box 241292  
Anchorage, AK 99524-1292**

Or fax it with credit card information to (907) 344-8878

**Fees:**

Two Day Full Registration:

AK-PA Members - \$110      Non-AKPA Members - \$125      Students (No CE credit) - \$20

½ Day Saturday Only - Ethics in Clinical Supervision

AK-PA Members - \$ 75      Non-AKPA Members - \$ 80

**Registration Information:**

Name: \_\_\_\_\_

Mailing Address (including city, state, and zip code): \_\_\_\_\_

\_\_\_\_\_

Contact Phone & Email: \_\_\_\_\_

AK-PA Member      Y       N

Student              Y       N

Total Fees: \_\_\_\_\_

**Payment:**

Check (made out to AK-PA)     Visa     Mastercard

Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_